

Feel Good Products you WILL LOVE

Office wellness

begins with a workspace designed with ergonomics in mind.

Simple changes can make a big difference in the way you feel before you begin your day and end your day! Prioritizing an ergonomic workspace with feel good products that encourage us to maintain proper posture, reduce body stress, and make us more comfortable will ultimately improve our productivity and work/life quality.

MONITOR ARMS

Having a monitor arm that is easy to adjust for a personalized fit is highly beneficial for maximizing space and comfort. Monitor arms let you position your monitor at the optimal height allowing you to view most of your screen without craning your neck, or straining your eyes to view your work.

FOOTRESTS

If your feet don't rest firmly on the floor while you're sitting at your desk ,then pressure can build in your legs and feet which can lead to foot and leg pain. Footrests elevate the legs to help improve posture, circulation, and reduce lower back pressure.

BACKRESTS

Backrests encourage correct posture and provide maximum spine support to help relieve back discomfort.

LAPTOP RISER/DOCUMENT RISERS

Being comfortable at your desk starts with ensuring you're not hunching over. Raising the laptop up to eye level or slightly below allows you to see the screen clearly, without adding more strain on your eyes, neck, shoulders and arms, and encourages better posture.

SmartFit® System - Measure, Adjust, Fit.

The Kensington SmartFit System® easily customizes the individual's desktop accessories to the ideal setting for their type. No need for fancy tools for set up or a lengthy assessment. Just follow these three simply steps!



1. Measure

Just place your hand on the baseline of the hand chart. The tip of your middle finger indicates your SmartFit® colour.



2. Adjust

Then adjust your product to the correct SmartFit® colour setting without the use of any tools.



3. Fit

"And voila!" You're set to work more comfortably with your SmartFit® products adjusted perfectly for you in seconds.

Kensington

SmartFit® Underdesk Comfort Keyboard Drawer

Create a comfortable work environment and free up desk space. Can be easily mounted at one of four heights for customized comfort. Extra-wide 26" tray with integrated mousing area fits all keyboards. Keyboard and mouse cable management keeps cords out of the way. For straight workstations. Includes wrist rests and mouse pad.



Kensington

SmartFit® Modular Platform

Unique modular platform attaches to arm as needed for different size keyboarding surfaces. Adjusts 6" in height, +/- 15 degrees in tilt and rotates 360 degrees.19" track, 11" arm. Use all three platforms for a large mousing area or remove a platform to fit small desks . For straight workstations. Includes a keyboard wrist rest.

KMW 60718





Kensington^{*} SmartFit® One-Touch **Height Adjustable Monitor Arm**

Built-in gas spring provides easy height adjustment, 180° swivel and monitor rotation, +/- 90° tilt adjustment, allows monitors to smoothly move up, down, forward and back for full motion articulation. Easy to install in a variety of configurations. Cable management system. Meets ANSI/BIFMA performance and safety standards.

KMW 8589655470

Keyboard and Mouse Placement

Place your mouse within easy reach and on the same surface as your keyboard. It is important that while typing or using your mouse to keep your wrists straight, upper arms close to your body, and your hands slightly below or level with your elbows. Use keyboard shortcuts to reduce mouse time.

A laptop keeps you connected and productive when you're on the move but can be a crutch if you are hunched over it all day without ideal viewing conditions. Not only does the Kensington laptop riser keep your device at the correct height for you, it also improves airflow around it to keep it cooler.

Kensington

SmartFit InSight® InLine Copyholder

Copyholder places books and documents in line with the keyboard and monitor, eliminating the need to turn your head as you type. Folds over keyboard for extended writing surface. Multiple viewing angles. Holds two 8-1/2 x 11 in. sheets side by side or books up to 1 in. thick. Metal base with rubberized edges.

KMW 62097

Kensington

SmartFit™ Easy Riser™ Laptop Cooling Stand

Lifts your notebook to promote airflow, reducing strain on the notebook battery and circuitry. Adjust monitor height in two easy steps. Fits notebooks 12 to 17". Folds flat to travel easily.

KMW 60112



Maintain Proper Body Posture

Sit with your hips and knees at a 90 degree or greater angle. Keep your feet flat on the floor or on a footrest. Keep your arms relaxed at your sides, Alternate between different postures on a regular basis.



Kensington

Memory Foam Back Rest

High-density memory foam provides maximum support to help relieve back discomfort. Contains virtually no pressure points unlike gels and foams. KMW 82025

Kensington

SoleSaver™ Footrest

Adjustable footrest improves posture and circulation. Also reduces pressure on the lower back and alleviates discomfort while sitting. Large non-skid foot surface. Three tilt adjustments of 10°, 15° and 20°. KMW 56152



